

Advance Praise for **SICK GIRL**
By Amy Silverstein

“Silverstein’s autobiography draws readers inside her mesmeric human drama of living life as a heart transplant recipient. Make no mistake: the author, an Ivy League-trained lawyer and superb writer with a wry, biting sense of humor, immediately debunks preconceptions about a transplanted heart as a “cure” for a failed one. Silverstein is a natural raconteur with a story so compelling readers won’t want to put this book down.”

- *Library Journal* starred review

“Amy Silverstein is not an easy patient, with good reason. She has lived nineteen long years with a transplanted heart; much longer than any doctor could have predicted. And she has, arguably, done more with a transplanted heart than anyone else, including the publication of this remarkable book. It documents her fears, frustrations, anger and perseverance. She recognizes that the world expects a simpering bundle of gratitude. In her compelling memoir, *SICK GIRL*, Amy delivers a searing insight into the arduous and often depressing battle to stay alive. And yet, there is also love and humor, and a radiant courage.”

- Ted Koppel

“Silverstein is an inspired storyteller. Her engaging language and sharp insight make *SICK GIRL* both compelling and moving. Few of us undergo a heart transplant at twenty-five, but we can recognize our own stories in this incisive, unflinching look at life, love, and extraordinary courage.”

- Susan Cheever

“Spectacular...Heart transplant patients live along the jagged edges of the abyss that most mortals fear. By bravely peeking over the edge, Amy Silverstein shares with us the brutal reality of being a ‘survivor.’”

- Dr. Mehmet Oz, cardiothoracic surgeon, co-author of *YOU: The Owner’s Manual*

“Truly compelling, *SICK GIRL* sucked me in from the get-go. Amy Silverstein’s story is amazing and inspiring.”

- Mary Roach, author of *Stiff*