

## Praise for SICK GIRL by Amy Silverstein

“Feisty, insightful, improbable...Silverstein has cheated death to thrive in her post-transplant existence and to write about it with incredible courage, determination, self-scrutiny, and verve.”  
- *Elle*

“[Silverstein's] unsentimental humor and spitfire response to mortality help [her] deal with a ‘time-bomb heart’ that has kept on ticking for (20) years. With apologies to Adlai Stevenson, it’s not always better to light a candle; sometimes you need to curse the darkness, too.”  
- *O, the Oprah Magazine*

“A revelation. I couldn’t stop reading it. What a potent reminder that quality is more than walking out of the hospital alive.” - *U.S. News & World Report*

“[A] compelling memoir...you’ll be rooting for her next 20 years.” - *People*

“[A] tour de force memoir.” - *Good Housekeeping*

“A grueling, ultimately uplifting story of endurance.” - *Chicago Tribune*

“Brave and candid” - *Glamour*

“[A] mesmeric human drama of living life as a heart transplant recipient . . . a superb writer with a wry, biting sense of humor, Silverstein is a natural raconteur with a story so compelling readers won’t want to put this book down.” - *Library Journal* (starred review)

“Silverstein reflects on the often misunderstood journey through the torments of being saved in a stirring story of survival and unyielding love.” - *Publishers Weekly*

“Unsparing...The life of a heart transplant patient is an intricate, often frustrating duet with impending death. It sometimes seems that memoirs already have detailed every possible affliction and condition, but Silverstein’s tells new territory.” - *The Seattle Post Intelligencer*

“Spectacular...Heart transplant patients live along the jagged edges of the abyss that most mortals fear. By bravely peeking over the edge, Amy Silverstein shares with us the brutal reality of being a ‘survivor.’” - Dr. Mehmet Oz

“In her compelling memoir, SICK GIRL, Amy Silverstein delivers a searing insight into the arduous and often depressing battle to stay alive. And yet, there is also love and humor, and a radiant courage.” - Ted Koppel

“Silverstein is an inspired storyteller. Her engaging language and sharp insight make SICK GIRL both compelling and moving. Few of us undergo a heart transplant at twenty-five, but we can recognize our own stories in this incisive, unflinching look at life, love, and extraordinary courage.” - Susan Cheever

Winner - 2007 Books for a Better Life Award - Best First Book: *Sick Girl*